

UPDATE ON TRANSFORMATION OF CHILD, ADOLESCENT & PERINATAL MENTAL HEALTH SERVICES

Nottingham City Health Scrutiny Committee – 21 September 2017

1.0 PURPOSE

The purpose of this paper is to update the Committee on Nottinghamshire Healthcare NHS Foundation Trust's progress in transforming child, adolescent and perinatal mental health inpatient provision.

2.0 BACKGROUND

Details of the Trust's transformation plans have been shared previously with the Joint Health Scrutiny Committee in February 2015, July 2015 and July 2016. Previous papers outlined a set of proposals for transforming children, young people and perinatal mental health services, supported by capital investment totalling c£21m, incorporating:

- **Inpatient Child & Adolescent Mental Health Services (CAMHS)** - a new unit (*The Lookout Adolescent Unit*), with an increase in the number of beds from 13 (currently at Thorneywood) to 24 (including 12 new specialist eating disorders beds), plus a new 8 bed Psychiatric Intensive Care Unit (PICU). Plans include the development of an education unit (*The Lookout Education Centre*) to support children and young people to continue their education whilst admitted to the unit.
- **Perinatal Mental Health Services** - a new perinatal inpatient unit (*The Margaret Oates Mother and Baby Unit*), with an increase in beds from 6 (currently at the Queens Medical Centre) to 8, and new community outpatient facilities for mothers and their babies from the city and south of county (*Green Haven*).
- **Community Child and Adolescent Mental Health Services (CAMHS)** - new facilities for delivery of community CAMHS services for children and young people from the city and south of county.

Services will be brought together on a single site, named *Hopewood*, to create a child and family friendly 'campus'.

3.0 PROGRESS UPDATE

Programme Delivery and Timescales

The Trust's transformation plans outlined ambitions to complete delivery of the new development by Spring 2018. Substantial progress has been made in the delivery of capital, operational and workforce workstreams meaning that the Trust is on track to commence delivery of transformed and expanded services in April 2018.

Capital Development

The capital scheme involves the construction of new CAMHS and perinatal inpatient units, along with the refurbishment of an existing building which will house the education centre and community and specialist CAMHS teams.

Whilst construction progress to date has been largely positive, minor slippage to programme timelines have been experienced following the unforeseen identification of asbestos on site. Operational mobilisation plans have been revised in response to this risk to ensure there are no subsequent delays to the planned opening in April 2018.

Operational and Workforce Plans

Comprehensive operational and workforce plans have been developed to support the delivery of the project.

Service delivery frameworks setting out clinical and operating models have been drafted by service leads and are currently subject to internal scrutiny. Additionally, mobilisation plans have been developed to support the safe transition of service users and teams from existing sites, including a phasing plan for new CAMHS eating disorders and PICU inpatient services.

Workforce plans have been scrutinised by the Trust's Workforce, Equality and Diversity Committee, which oversees their delivery. Staffing models set out in the Trust's original business case have been reviewed and revised to ensure they comply with national standards and meet need, demand and safer staffing levels. A comprehensive recruitment, training and induction plan has been developed in recognition of the scope and scale of recruitment required across medical, nursing, allied health professionals and support staffing posts: the establishment within current services (approximately 61 whole time equivalents) will increase by approximately 91 whole time equivalents to give an overall establishment of 152 whole time equivalents.

Education Unit

Education for young people admitted to the Thorneywood Adolescent Unit currently provided from the Thorneywood Education Base will transfer to the Hopewood site. Officers within the Trust and Nottingham City Council have worked effectively in developing plans for The Lookout Education Centre, including the development of joint operating procedures and training and induction plans.

The Local Authority and school have commissioned University College London to undertake an evidence review of hospital education provision to identify best practice to inform education operational and workforce plans for the new unit. Findings and recommendations are expected in late September.

Occupancy arrangements have been negotiated between the two organisations, with the Trust agreeing a rent-free period of two years. Formal lease arrangements have been drafted and are subject to approval by the Trust Board and Portfolio Holder respectively.

4.0 CONCLUSIONS

The Trust has made meaningful progress in delivering its ambitious plans that will significantly improve care quality, patient experience and access to specialist inpatient care for children, young people and perinatal women.

Significant progress has been made in delivery of the capital programme, whilst the delivery of workforce and operational plans is progressing well. Furthermore, joint working between the Trust and Nottingham City Council means that the required education provision is on track to be in place at the same time as the opening of the new services.

The positive progress achieved to date provides confidence that the Trust will successfully deliver the project in order to commence delivery in April 2018.

5.0 RECOMMENDATIONS

The Committee is asked to:

1. Note progress achieved to date.
2. Receive a progress update report at the July 2018 Committee.

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